

Specialist distributors of fitness equipment to the retail trade

assist

creative resources Ltd

PowerLung Active Sport Respiratory Trainer

Code: POW003 PLS

The PowerLung Active Series Sport is a hand- held, respiratory training system which uses maximum resistance- training to develop breathing muscles, increase lung capacity and improve breathing control.

Product Information

Designed for elite athletes, professional sportsmen and fitness disciples who want the edge over the competition, the PowerLung Sport is also an effective aid in professions demanding intense oxygen delivery such as firefighters, divers and rescue crews.

The PowerLung Sport features independently adjustable inhale and exhale controls, allowing users to determine the intensity of their breath training. Training breathing muscles and developing breath control can aid recovery, reduce breathing fatigue and help athletes maintain peak performance for longer.

Offering the optimum in respiratory strength training, the PowerLung Sports gives users the confidence and ability to keep moving when the competition starts to flag

The PowerLung Sport is easy- to- use, drug free and recommended for ages 15 and up. Featuring a comfortable hand grip, it includes a detailed user guide, instructional manual and supporting DVD for effective use.

SRP: £74.99 (inc VAT)

Product Weight: 350g



Telephone: 01978 664743
Email: sales@assist.co.uk

[http:// www.assist.co.uk](http://www.assist.co.uk)
Unit 7, Ash Road South, Wrexham Industrial Estate, Wrexham LL13 9UG

Product Features & Specifications

Product Includes:

- PowerLung Active Series Sport model
- User Guide Booklet
- User Guide DVD (region free)
- Zipper Carrying Case
- PowerLung Washes Sample (1 fl. oz.)

Product Features

- **Strength training for inhale and exhale breathing**
- **Independently adjustable inhale and exhale controls**
- **Hand grip for comfortable use**
- **Detailed user instructions for proper training**